Multisensory, Multi-Tasking Performance of Older Adults With and Without Subjective Cognitive Decline

Sophie Carr ^{1,2}, M. Kathleen Pichora-Fuller ^{2,4}, Karen Z. H. Li ^{3,4}, Natalie

Phillips ^{3,4} and Jennifer L. Campos ^{1,2,4,*}

¹ Toronto Rehabilitation Institute, University Health Network, Canada

² Department of Psychology, University of Toronto, Canada

³ Department of Psychology, Concordia University, Canada

⁴ Centre for Research in Human Development, Concordia University, Canada

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* To whom correspondence should be addressed. E-mail: Jennifer.Campos@uhn.ca

Supplementary Material

Supplementary Table S1.

Each column represents one participant in each group (OA group and SCD group). Each row represents a question that each participant was asked regarding their perceptions of their own cognitive abilities, actions they have taken regarding their concern (e.g., speaking to family/friends), and each individual's MoCA scores. Cells marked 'x' indicate where the participant expressed that they had concerns. Cells marked '<' (less than) and '>' (more than) relate to the amount of time they have felt concerned. The rows marked 'Screening' are how they responded when first screened for eligibility in the study and the rows marked 'SCD Questionnaire' are their responses on the full questionnaire completed during the Assessment Session.

| | $\mathbf{OA}\;(n=14)$ | | | | | | | | | | | | | | SCD (n = 16) | | | | | | | | | | | | | | | |
|-------------------|---|--|---|--|--|---|---|--|---|--|--|---|--|---|--------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| SCD Questionnaire | Memory | | X | | | X | X | | | | | X | | X | | X | X | X | X | X | X | X | X | X | X | X | X | | Х | X |
| | Associated worry | | | | | | | | | | | | | X | | Х | Х | Х | | | X | | | | | Х | X | | | х |
| | > or < than 5 years | | > | | | < | < | | | | | < | | < | | < | < | > | < | < | < | < | < | > | < | < | < | | < | < |
| | Worse than other people | | | | | | | | | | | | | X | | | | x | | | | | | | | | | | | |
| | Concentration/ attention | | | | | | | | | | | X | | X | | | X | | | X | | | | | X | X | | | | |
| | Associated worry | | | | | | | | | | | | | X | | | Х | | | | | | | | | X | | | | |
| | > or < than 5 years | | | | | | | | | | | < | | < | | | < | | | < | | | | | < | < | | | | |
| | Worse than other people | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Ability to find words | | X | | | x | X | | X | | | | | | X | X | X | X | X | X | | X | | | X | X | | X | X | х |
| CD | Associated worry | | | | | | | | | | | | | | | | X | | | | | | | | | X | | | | X |
| \mathbf{S} | > or < than 5 years | | > | | | < | < | | < | | | | | | < | < | < | > | < | < | | < | | | < | < | | < | < | < |
| | Worse than other people | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Changes to ADL/ socializing | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Shared concerns with family/friends | | | | | | | | | | | | | | | | X | | X | | X | | | | X | X | x | | | |
| | Shared concerns with medical professional | | | | | | | | | | | | | X | | | X | | X | | | | | | | X | X | | | |
| | Concern from others | | | | | | | | | | | | | | | | | X | | | | | | | | | X | | X | |

| ening | Memory/thinking worse? | | | | | | | | | | | | | | | X | X | X | X | X | X | X | X | x | X | X | X | X | X | X | x |
|-------|------------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----|----|----|----|----|
| Scree | Worried? | | | | | | | | | | | | | | | X | X | X | | | | | X | | | X | X | | | | |
| MoCA | Adjusted MoCA score > or < 26 | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | > | < | < | < | < | < |
| MoCA | MoCA Score for those below cut-off | | | | | | | | | | | | | | | | | | | | | | | | | | 25 | 25 | 24 | 25 | 24 |