Culture or Context: a Qualitative Approach Investigating the Relationship of Scheduling Styles and Situational Context in Uganda and Germany

Ferdinand Kosak^{*,**}, Lisa Kugler^{***}, Sven Hilbert^{****}, Steffi Rettinger and Nils Bloom

Department of Psychology, University of Regensburg, Regensburg, Germany

* To whom correspondence should be addressed. E-mail: ferdinand.kosak@ur.de

** ORCID: 0000-0001-7929-3165

*** ORCID: 0000-0002-2934-3600

**** ORCID: 0000-0001-5808-8357

Supplementary Material

Appendix S1

Interview Guide

Generating a narrative:

- 1. Please describe the course of a typical working-day as precisely as possible -/ a typical day off
 - → Answer clock time: this sounds as if you would structure your day according to the clock. Is this correct?
 - → Answer event time: this sounds as if you would structure your day according to the events happening during the day. Is this correct?

Subsequent questions:

- 2. Why is your day structured the way it is?
 - → Who determines this/How much power do <u>you</u> have concerning the structure? To what extent is the course of a day **flexible**? Why?
- 3. How **spontaneous** are you/how spontaneous can you be from your own perspective?
- 4. Do you sometimes have to **stop** what you are doing because **clock time reminds** you to do another activity?
- 5. What do you think: To what extent does chance has something to do with time scheduling?

6.	To what extent do you schedule the time you have? Why?
7·	You have to go to work. In this very moment a dear friend comes by: Surprise visit after a long time. What do you do? Why?
8.	Do you think the clock is important - why? When? Concrete personal examples.
9.	To what extent can the clock time be of no importance - why? When? Give examples.
10.	Do you have regular fixed appointments and times that are fixed?
11.	Do you think you can structure your time freely ?
12.	How much attention do you pay to the clock generally/typically?
Questi	ons concerning personal routines:
13.	When do you eat? Why? On work days/on free days (rotating)
14.	When do you go to sleep? Why? Before work days/on free days (rotating)
15.	Do you set an alarm clock? Why? On work days/on free days (rotating)
	Yes → Even when you have no appointment? Why?
	No → Even when you have appointments?

Finishing:

16. To what extent would you say does clock have the power over you/to what extent do you have the power over the clock?

Appendix S2

Codebook Scheduling Style

author: Ferdinand Kosak

date: 28.02.2020

General rule: Assign answers to codes as comprehensive as possible. If, for example, two parts of an answer

should be assigned to the same coding and the break between does not belong to disjunct codes, use one

coding for the whole statement.

example of one coding

That depends. Regarding school, I have to be there at oneo'clock. It lasts until four o'clock. The other

occupation there — I haven't mentioned vet — is a youth club. I would do minus hours if I were too late

but for usual one also works overtime. I must be there by opening time and can leave soonest at closing

time. This also depends on whether other people involved in the youth club are there. I'm more flexible

than on days when I have to be at school. Though school only takes three hours.

(interview D, segment 18)

 \rightarrow coding *time*

Code into the same coding *time*. Despite minor aspects not falling into the category *time* they are part of one

statement. Therefore, they are not to be interrupted by coding *time of event*.

5

example of two codings

Anyone has a one-hour lunch break. That's at one o'clock when I work in the early shift. We go ahead at 2
o'clock when the next delivery arrives, the same procedure as in the morning. Clearing goods and serving
when costumers enter — in alternation. And so on until six o'clock, then I go home. Don't have to lock up
or to do anything else because there is a late shift.
(interview B; segment 12)
coding time
coding event time (disjunct category)

situation:	to code when	anchoring example:	
Important: Whenever codings from the categories "scheduling style" or "control over processes" have been assigned in fragmented Segments of the interviews, the respective coding of situation has to be assigned to this segment again too!			
	reported content happens during working time.	'because I'm at work then for sure' (interview D; segment 38)	
working time (gainful employment)	one reports processes and actions in preparation for working time or disruptions of working time.	'I get up around six o'clock and go to the office shortly after seven.' (interview G; segment 5)	
	it is obvious that something happens concerning the following working time.	'I take care of going to bed at least eight hours before I have to start to work.' (interview E; segment 63)	

leisure (time apart from gainful employment)	reported content explicitly happens not in the context of gainful employment or when this can be concluded through given information, e.g. mentioning activities like going for a walk, shopping, meeting friends. If it is not possible to differentiate between 'days off' and 'time without work' (and neither through context of the interview), assign to root category 'leisure'.	'When I incidentally meet a friend while shopping, [].' (interview E; segment 63)
subcodes		
> days off	reported content happens during days off.	'On weekends it depends, whether I do something.' (interview G; segment 72)

time without work	leisure time during workdays is described.	'[] first, I get some groceries, handle some stuff on my way back home and then I will eat something.'
		(interview E; segment 69)

scheduling style	to code when	anchoring example:
	procedures explicitly are described through time of day or time frames.	'Main working time is from nine until one.' (interview A; segment 12)
clock time	processes, actions, daily structures are described concerning time or available time frames (in hours/minutes).	'When I work in the early shift, I go [] to work half an hour before my shift starts.' (interview B; segment 8)

	a procedure, action or point	'Then I unlock.'
	of time is obviously described in	(context clearly indicates a
	relation to time of day.	fixed time of day.)
		(interview H; segment 8)
	daily structures, procedure of	"So normally when I reach
	actions, and course of time are	home, I — I watch TV, some
	indicated based on events and	news, interacting my kids, my
	succession of events (e.g.,	wife then supper. Yeah.
	'when', 'then', 'next').	That's all. Then I sleep."
		(Interview M; segment 28)
event time		
	either relation to time does	Well, besides, I don't have a
	not become apparent by	special time for meals.'
	context or relation to time is	(interview F; segment 70)
	explicitly rejected.	
		'But it's luxury! Especially
		during vacations — to live

		without having to worry about
		the clock.'
		(interview A; segment 40)
	beginning and end of events,	
	actions, and procedures are	"And when I've not finished
	based on themselves and not on	that work, I'm not first go out
	time of day or time frames.	or go home."
		(Interview Q, segment 104)
subcodes	Only use the following subcodes i	f they are clearly assignable —
subcoucs	otherwise use root category time/	event time.
	telling procedures refers to	'Because I'm tired.'
> signal	inner needs or is motivated by	(As answer to the question why
internal	them.	the person is going to bed.)
		interview C; segment 70)
> signal	report of procedures refers to	'And then preparing for dinner
external	factors not inherent in the	because soon after my
CATCHIA	person, such as need for	husband and son — the
	1	1

	consequence of finished	— come home to have dinner
	actions.	[].'
		(interview A; segment 10)
		'So, when I arrive at work, I
		have to clock in.'
		(interview C; segment 8)

control over processes	to code when	anchoring example:
external	interviewed person mentions circumstances not inherent in	"[] there is not much power I have, because I have to, you
	the person. Therefore, issues and procedures are structured as they are and cannot be	know I have to follow the rules, the regulations of the hospital, of my employee, because my
	influenced.	employee wants me to be here at eight, I have to be here at eight."
		(Interview M; segment 64)

	it is referred to the need for	'At my office we're always on the
	t is referred to the fleed for	'At my office, we're always on the
	synchronization with others and,	road. So, when I miss my
	in consequence, the situation is	colleague, I'm in trouble.'
	described as not determined by	(interview G; segment 50)
	the person and as not readily	
	modifiable.	
internal	person describes that he or she	'During that time, I often start to
	can arrange actions, structures,	get hungry.'
	and plans as they wish.	(interview G; segment 70)
	interviewed person explicitly	
	tells he or she is able to control	"The power does — the clock
	structures and procedures in	does not have power over me.
	terms of time.	But I'm the one. I have the
		power. On the clock. Over the
		_
		clock. Yes."
		(Interview K; segment 308)

other codings	to code when	anchoring example:

personality	in a statement it is referred to one's character or personality.	"I don't, no. I'm not that kind of person. I'm not that kind of person." (Interview M; segment 96)
habit	one's routines or habits are mentioned as the cause of something stated.	"Because, and you know, the body, when it is used to, it will, it will demand." (Interview K; segment 288)
function of clock	the clock is described as something fulfilling a particular function for the interviewed person.	"It [the clock] gives me reliablility." (interview D; segment 57)